



Electronic Data Reporting Template

Guidance Activities Results Report (Large Group)

School: Viewmont High School

Target Group: Viewmont Students taking the ACT Test

Target Group selection is based upon: Viewmont's School Reform Objective of Life-Long Learning.

Key Word: Education

ABSTRACT

In response to requests from parents and students for formal ACT test preparation, the Viewmont Counseling Department created a school sponsored ACT test preparation program consisting of after school instruction targeting ACT test material and test taking strategies. Students completing the class experienced an average increase of three points from a practice test to their subsequent actual ACT test.

PROJECT DESCRIPTION

Introduction

- During SEOP's, Viewmont counselors fielded several requests from parents and students about the availability of ACT preparation courses. In a desire to meet the needs of the students, the counseling department established a self funding, after school ACT preparation program. In an effort to measure program effectiveness, the department collected test score data.

Participants

- 148 VHS students
Five VHS faculty members
- The VHS Counseling Department

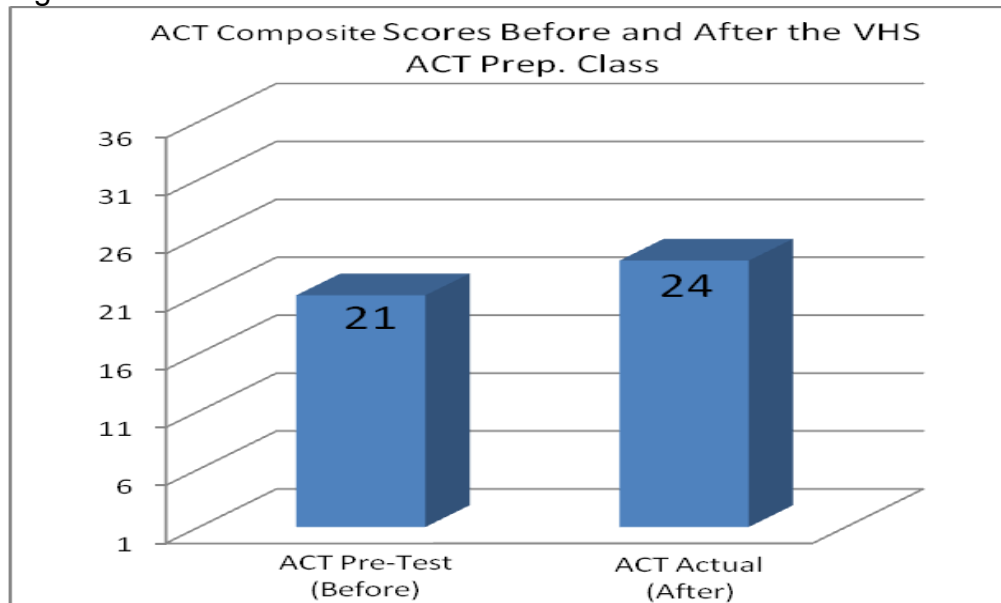
Method

- Counselors actively publicized the program in SEOP's, publications, announcements, mass emails, newsletters and signage.
- ACT Program Details
 - Five instruction sessions, corresponding with ACT test dates. Each session included:
 - An ACT pre-test and post-test
 - 14 hours of instruction, over six consecutive Wednesdays, after school.
 - Class sizes of 35 students
 - Instruction given by five Viewmont faculty members
 - A \$65.00 class fee
 - An ACT test preparation textbook
- Data Collection
 - The study used data from 57 students in sessions one thru three that completed the practice test and an actual ACT test.

RESULTS

- In the three sessions studied, only five of 57 students did not increase their score.
- Students increased their composite ACT scores by an average of three points. The average practice test composite score was 21 while the subsequent actual ACT test score averaged 24 (see figure 1).

Figure 1



DISCUSSION

The Viewmont Counseling Department feels the ACT test preparation class provided a valuable service to VHS students. The department was pleased with the average three point test score increase. The department will continue the program in the 2009-2010 school year, placing emphasis on filling every seat in all five sessions.